



TAP SHOW COMPANY

New !

CARDIO-TAP

INTENSIVE
tap dance class
Speed
Endurance
Rhythm
Fitness

One Saturday per month !



www.tapshowcompany.com

What ?

New Tap Dance class focused on endurance and cardio. Come burn a ton of calories while improving your performance and rhythmic precision.

We'll stick to simple, accessible combinations, but work them intensively to boost your ability to keep up with the pace over time.

A great workout, all set to energetic music!

When ?

One Saturday per month (11h > 12h) :

20/9 - 11/10 - 15/11 - 13/12 - 17/1 - 7/2 - 14/3 - 11/4 - 30/5.

How much ?

1h class = 13,50€

Where ?

Tap Show Company - Avenue de Jette 60 - 1081 Brussels.

Subscription ?

By E-mail : claquettes@tapshowcompany.com



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With the support of Absoludanse (Dance shop in Uccle) www.absoludanse.be